

**APPENDIX 2: ACTIVITIES AND ERRANDS COMPARISON**

	<b>In my Community</b>	<b>In another LC community</b>	<b>Outside LC</b>
I work at my job	63	35	16
I shop for groceries	136	101	38
School-aged children in my household go to school	20	8	0
People in my household attend university or college	2	6	8
I get my vehicle repaired	96	72	16
I shop for building supplies	100	78	37
I see my family doctor/general practitioner	67	66	37
<b>I go to specialist medical appointments</b>	<b>20</b>	<b>72</b>	<b>99</b>
I visit a lawyer's office	36	54	15
<b>I shop for clothing for myself or others</b>	<b>67</b>	<b>96</b>	<b>75</b>
I get takeout food	120	83	31
I dine in restaurants	98	101	68
I visit an accountant's office	15	29	9
I use a gym or other exercise facility	36	25	7
I do something recreational outdoors (hiking, swimming etc.)	119	70	41
I visit a public ice rink	25	24	8
I visit a public swimming pool	30	26	4
I attend a place of worship	24	14	2
People under age 18 in my household go somewhere public to socialize or 'hang out'	10	7	1
I visit a bank branch	80	72	21
<b>I shop for major home appliances and furniture</b>	<b>43</b>	<b>70</b>	<b>68</b>
<b>I attend public concerts, plays or art shows</b>	<b>49</b>	<b>55</b>	<b>57</b>
Children in my home go to daycare	5	1	1
Children in my home go to lessons or structured activities	12	8	1
I go to the movies	39	54	27
<b>I shop for specialty food items</b>	<b>46</b>	<b>68</b>	<b>55</b>
I attend a farmer's market	67	47	17
I volunteer	63	23	7

	<b>In my Community</b>
I shop for groceries	136
I get takeout food	120
I do something recreational outdoors (hiking, swimming etc.)	119
I shop for building supplies	100
I dine in restaurants	98
I get my vehicle repaired	96
I visit a bank branch	80
I see my family doctor/general practitioner	67
I shop for clothing for myself or others	67
I attend a farmer's market	67
I work at my job	63
I volunteer	63
I attend public concerts, plays or art shows	49
I shop for specialty food items	46
I shop for major home appliances and furniture	43
I go to the movies	39
I visit a lawyer's office	36
I use a gym or other exercise facility	36
I visit a public swimming pool	30
I visit a public ice rink	25
I attend a place of worship	24
School-aged children in my household go to school	20
I go to specialist medical appointments	20
I visit an accountant's office	15
Children in my home go to lessons or structured activities	12
People under age 18 in my household go somewhere public to socialize or 'hang out'	10
Children in my home go to daycare	5
People in my household attend university or college	2

	<b>In another LC community</b>
I work at my job	35
I shop for groceries	101
School-aged children in my household go to school	8
People in my household attend university or college	6
I get my vehicle repaired	72
I shop for building supplies	78
I see my family doctor/general practitioner	66
<b>I go to specialist medical appointments</b>	<b>72</b>
I visit a lawyer's office	54
I shop for clothing for myself or others	96
I get takeout food	83
I dine in restaurants	101
I visit an accountant's office	29
I use a gym or other exercise facility	25
I do something recreational outdoors (hiking, swimming etc.)	70
I visit a public ice rink	24
I visit a public swimming pool	26
I attend a place of worship	14
People under age 18 in my household go somewhere public to socialize or 'hang out'	7
I visit a bank branch	72
<b>I shop for major home appliances and furniture</b>	<b>70</b>
<b>I attend public concerts, plays or art shows</b>	<b>55</b>
Children in my home go to daycare	1
Children in my home go to lessons or structured activities	8
I go to the movies	54
I shop for specialty food items	68
I attend a farmer's market	47
I volunteer	23

	<b>Outside LC</b>
I work at my job	16
I shop for groceries	38
School-aged children in my household go to school	0
People in my household attend university or college	8
I get my vehicle repaired	16
I shop for building supplies	37
I see my family doctor/general practitioner	37
<b>I go to specialist medical appointments</b>	<b>99</b>
I visit a lawyer's office	15
I shop for clothing for myself or others	75
I get takeout food	31
I dine in restaurants	68
I visit an accountant's office	9
I use a gym or other exercise facility	7
I do something recreational outdoors (hiking, swimming etc.)	41
I visit a public ice rink	8
I visit a public swimming pool	4
I attend a place of worship	2
People under age 18 in my household go somewhere public to socialize or 'hang out'	1
I visit a bank branch	21
<b>I shop for major home appliances and furniture</b>	<b>68</b>
<b>I attend public concerts, plays or art shows</b>	<b>57</b>
Children in my home go to daycare	1
Children in my home go to lessons or structured activities	1
I go to the movies	27
I shop for specialty food items	55
I attend a farmer's market	17
I volunteer	7